



# APPROACHES AND TREATMENT OF RARE PLASMA CELL DYSCRASIAS: MGCS, POEMS SYNDROME, CASTLEMAN DISEASE AND AMYLOIDOSIS

**Angela Dispenzieri, M.D.**  
Serene M. and Frances C. Durling  
Professor of Medicine &  
of Laboratory Medicine



***Scottsdale, Arizona***



***Rochester, Minnesota***

**University of  
Indianapolis  
August 24, 2024**



***Jacksonville, Florida***

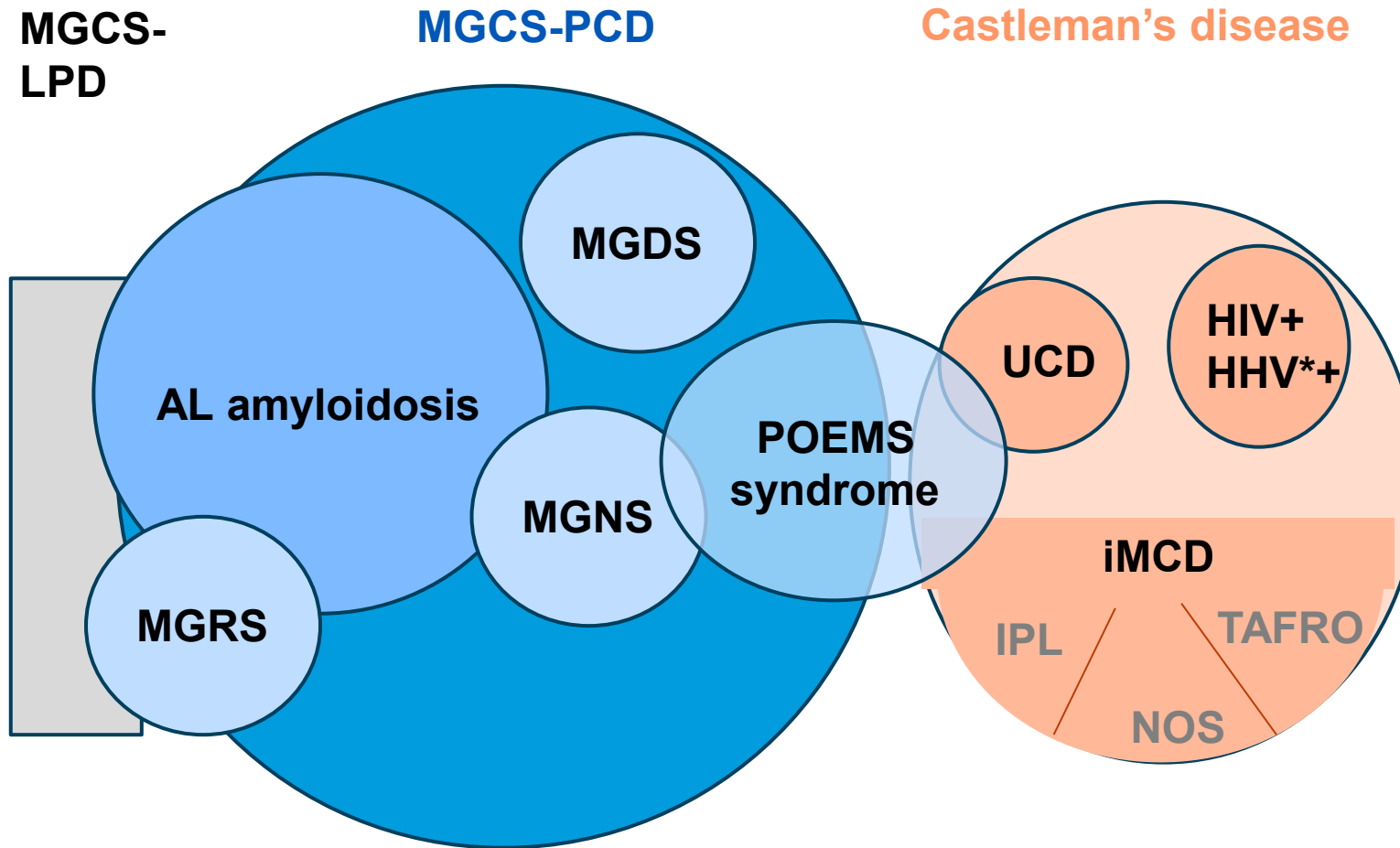
# DISCLOSURES

<b>Company</b>	<b>Disclosure</b>
<b>Celgene, Takeda, Pfizer, Anylam, Caelem, Janssen</b>	<b>Research dollars</b>
<b>Intellia, Caelem, Janssen HaemalogiX</b>	<b>Ad board</b>

# GOALS

1. Recognize these rare entities
  - MGCS – mostly plasma cell driven, occasionally LPD driven
  - Castleman's disease – occasionally associated with clonal plasma cell disorder, but more often not
2. Understand treatment options
3. Realize importance of systematic follow-up

# OUR WORK FOR TODAY



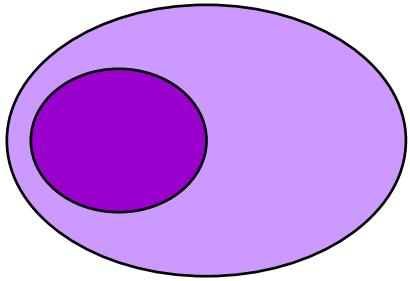
MGCS, monoclonal gammopathy of clinical significance; LPD, lymphoproliferative disorder; PCD, plasma cell disorder; MGRS, monoclonal gammopathy of renal significance; MGDS, monoclonal gammopathy of dermal significance; MGNS, monoclonal gammopathy of neural significance; UCD, unicentric Castleman's disease; iMCD, Idiopathic multicentric Castleman's disease; TAFRO, thrombocytopenia, anasarca, fever, fibrosis (marrow), renal dysfunction, organomegaly

# GENERAL COMMENTS

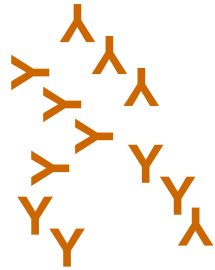
- Majority of the MGCS are deposition diseases
- Many of the MGCS are predominantly single organ
- Although considerable morbidity, mortality and rates of overt malignancy are rare for most conditions
- How much of these diseases relates to “an unlucky monoclonal protein” rather to a distinctly different plasma cell clone is unknown

# DRIVERS OF MGCS?

Plasma cell  
(or lymphoid clone)

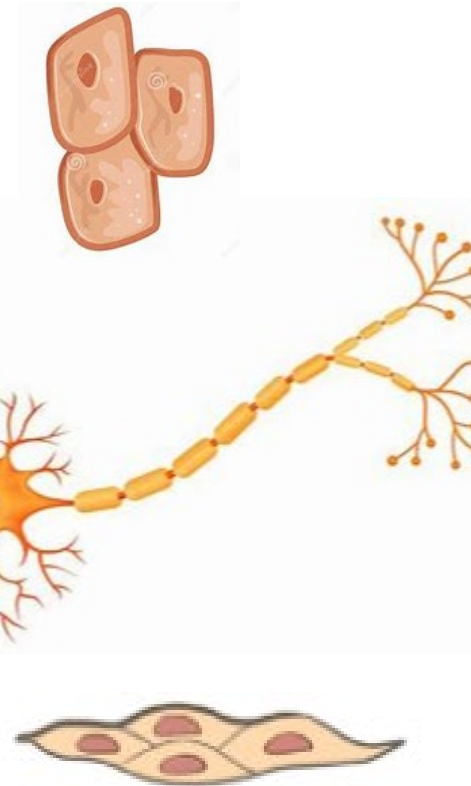


Humoral mediators

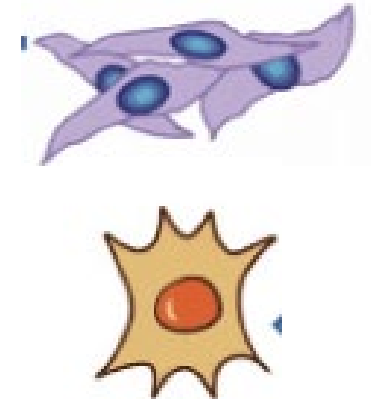


Antibodies

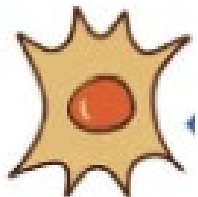
Target tissue  
cells



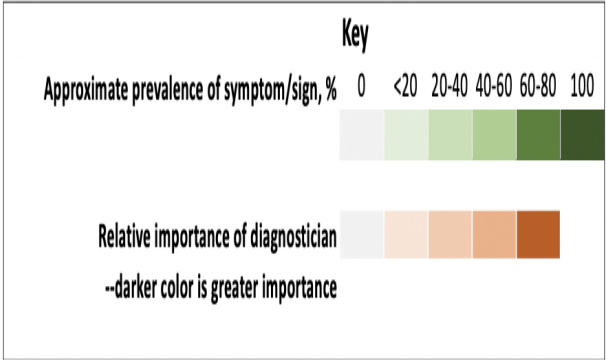
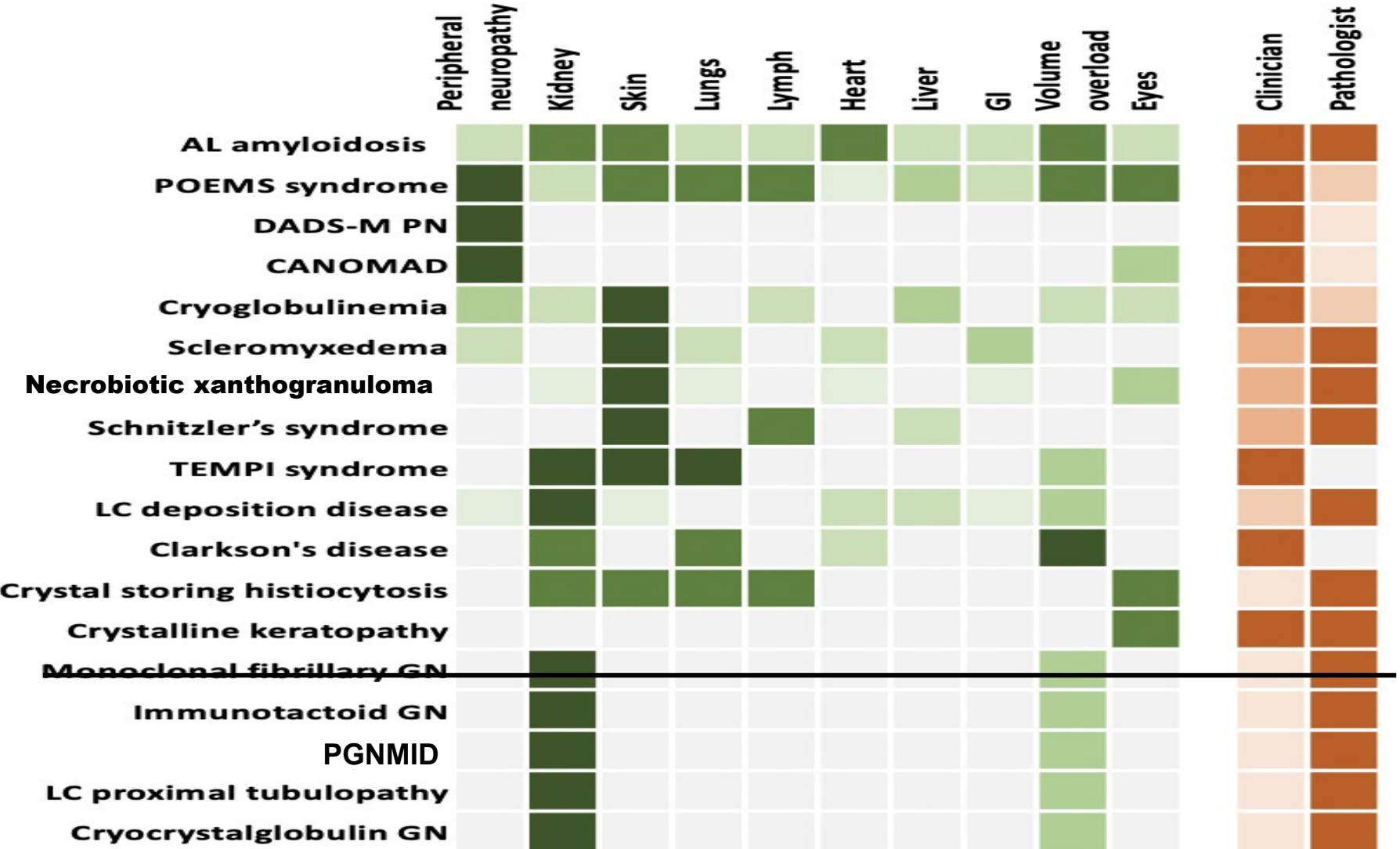
Target tissue  
microenvironment



Cytokines or  
chemokines



Plasma cell  
microenvironment



DADS, distal acquired demyelinating symmetric neuropathy with M protein; CANOMAD, chronic ataxic neuropathy, ophthalmoplegia, IgM, cold agglutinins, and disialosyl antibodies; PGNMID, proliferative glomerulonephritis with monoclonal immunoglobulin deposits

# CASE 1: MR. AI



# MR. AI, 67-YEAR-OLD

- Mid 2014: beginning of paresthesias and a 20 kg weight loss between 2014 and 1/2015.
- January - February 2015: Anorexia and nausea/vomiting—additional 10 kg weight loss.
  - Hb 12.8 Cr 1.4, TSH 4.9, AM cortisol 7.6 (borderline). CRP normal. Vitamin B12 1141.
  - SPEP w/o IFE was normal, lambda FLC 6.22; ratio of 0.3987
  - PET and CT chest/abdomen/pelvis: unremarkable.
  - EGD/colonoscopy: unremarkable. No amyloid

Month

-19

Month

-12

## MR. AI, 67-YEAR-OLD

Month

-9

- April - November 2015: progressive muscle weakness, cachexia/weight loss, and demyelinating neuropathy.
- Profound volume overload that was presumed to be related to AKI from AIN (ceftriaxone) with a creatinine up to 2.3. "MGUS."

# MR. AI, 67-YEAR-OLD

Month  
-1

- 12/10 -12/30/2015: hospitalized for severe malnutrition (>30 kg weight loss) with anasarca

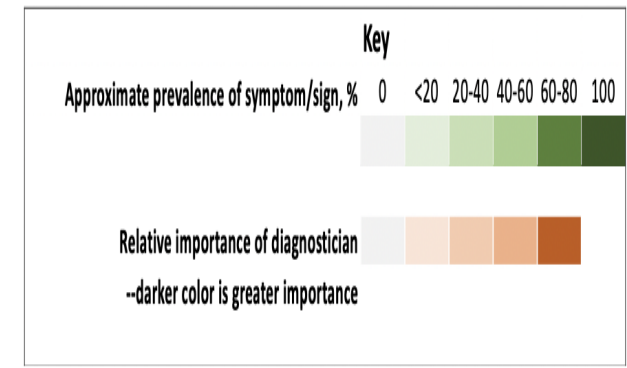
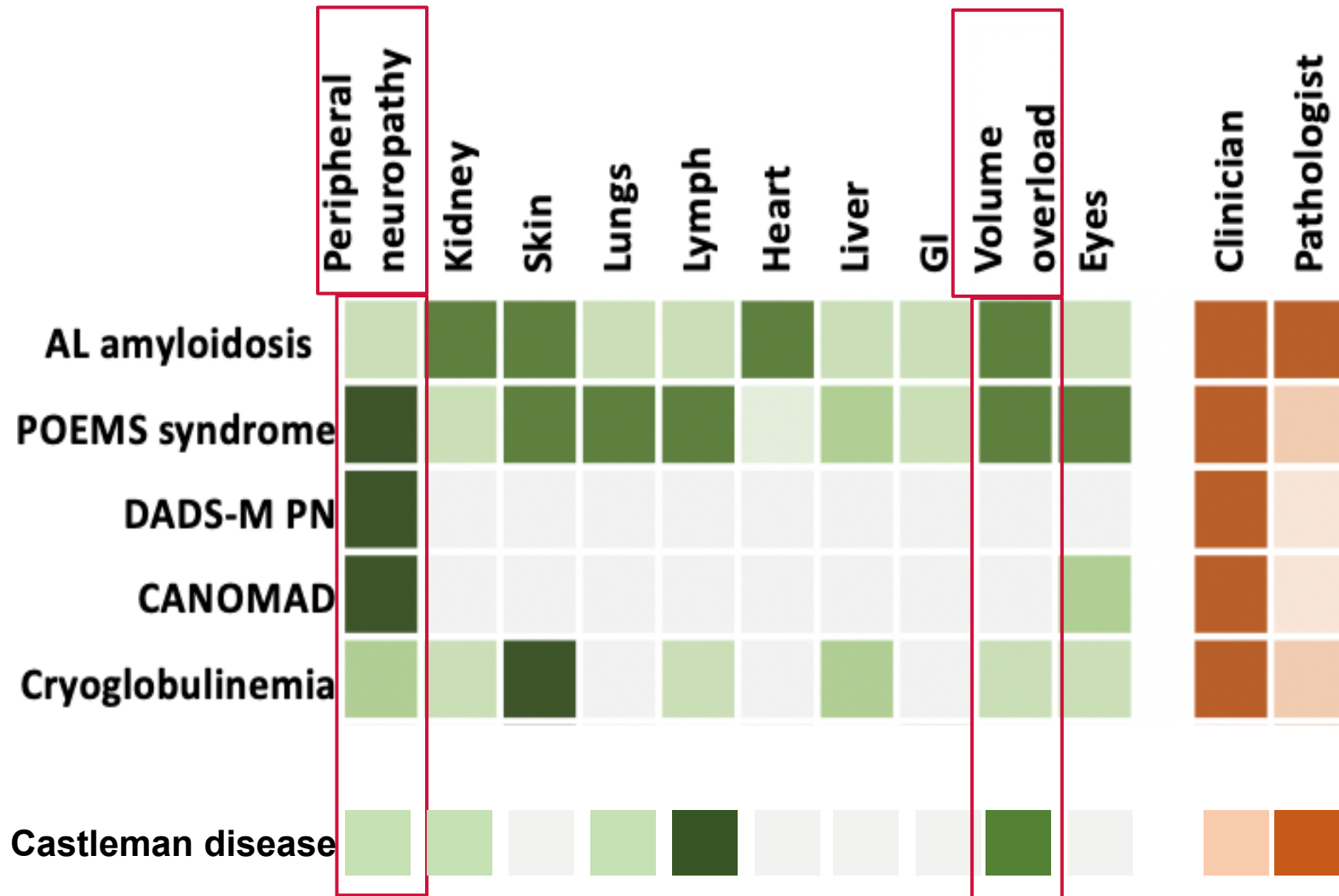
Pleural effusions



Ascites, tissue edema, and feeding tube



# **MGCS – PERIPHERAL NERVE PRESENTATION**



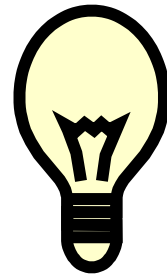
DADS, distal acquired demyelinating symmetric neuropathy with M protein; CANOMAD, chronic ataxic neuropathy, ophthalmoplegia, IgM, cold agglutinins, and disialosyl antibodies

# MR. AI, 67-YEAR-OLD

Month

-1

- Progressive demyelinating sensorimotor neuropathy, adrenal insufficiency, ascites, pleural effusions, IgA  $\lambda$  (536 mg/dL), lipodystrophy, estimated PA pressure 64/20, and VEGF 320 pg/mL



# POEMS syndrome

## Both 1 and 2 present

<p><b>MAJOR CRITERIA</b></p>	<p><b>1. Polyneuropathy</b></p> <p><b>2. Monoclonal plasma cell dyscrasia (almost always <math>\lambda</math>)</b></p> <hr/> <p>3. Sclerotic bone lesions</p> <p>4. Castleman's disease</p> <p>5. Vascular endothelial growth factor elevation</p> <p style="text-align: right;"><b>At least one of 3-5 present</b></p>
<p><b>MINOR CRITERIA</b></p> <p><b>At least 1 of 6-11 present</b></p>	<p>6. Organomegaly (splenomegaly, hepatomegaly, or LA)</p> <p>7. Endocrinopathy</p> <p>8. Skin changes (hyperpigmentation, hypertrichosis, glomeruloid hemangiomas, plethora, acrocyanosis, flushing, white nails)</p> <p>9. Papilledema</p> <p>10. Extravascular volume overload (edema, pleural eff, or ascites)</p> <p>11. Thrombocytosis / polycythemia</p>



\* Polyneuropathy and monoclonal plasma cell disorder present in all patients; to make diagnosis **at least** one other major criterion and 1 minor criterion is required to make diagnosis

# THERAPY OF MGCS – NERVE (MOSTLY ANECDOTAL)

	1 <sup>st</sup> line	2 <sup>nd</sup> line	Other
<b>AL amyloidosis</b>	Dara-CyBorD +/- ASCT	Clone directed therapy	Supportive care
<b>POEMS</b>	Clone directed therapy	Clone directed therapy	Supportive care
<b>Cryoglobulinemia</b>	Treat underlying cause	Rituximab	
<b>DADS-M</b>	Intravenous gammaglobulin	Rituximab	
<b>CANOMAD</b>	Intravenous gammaglobulin	Clone directed therapy	3 <sup>rd</sup> line: clone directed therapy
<b>SLONM*</b>	Intravenous gammaglobulin	Clone directed therapy	

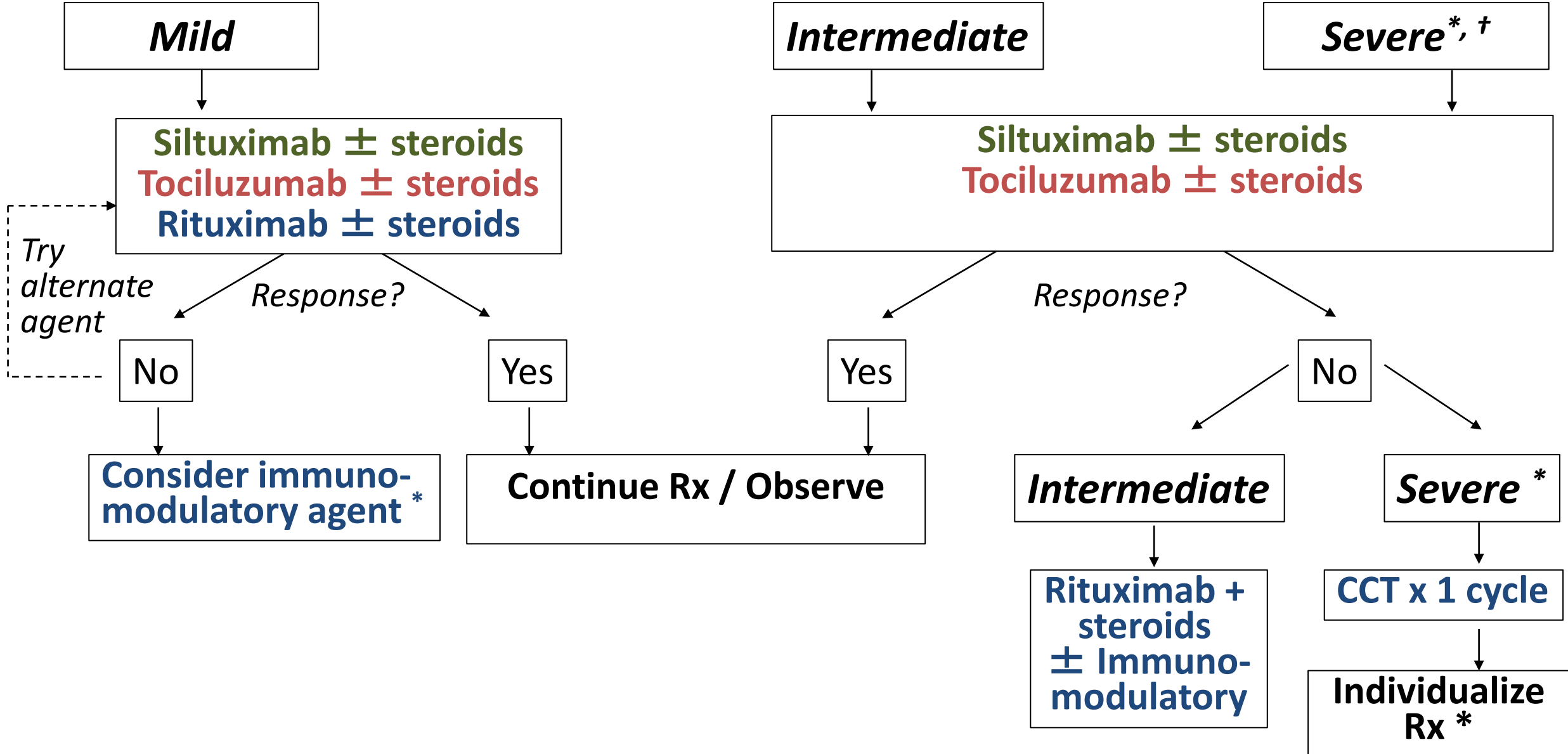
**DADS**, distal acquired demyelinating symmetric neuropathy with M protein

**CANOMAD**, chronic ataxic neuropathy, ophthalmoplegia, IgM, cold agglutinins, and disialosyl antibodies

**SLONM**, sporadic late onset nemaline myopathy; \* not nerve, but muscle but presents motor



# Management of iMCD



# CASE 2: MS. VGL

# VGL: FEMALE MG AND RENAL ISSUES

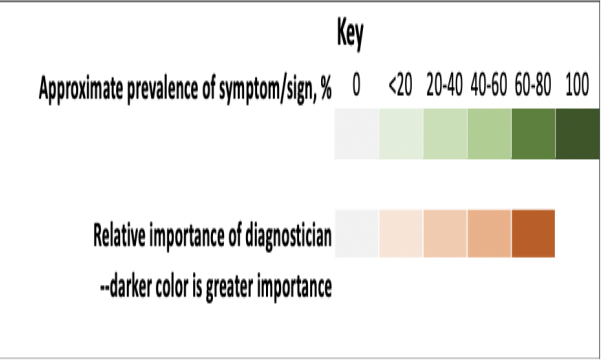
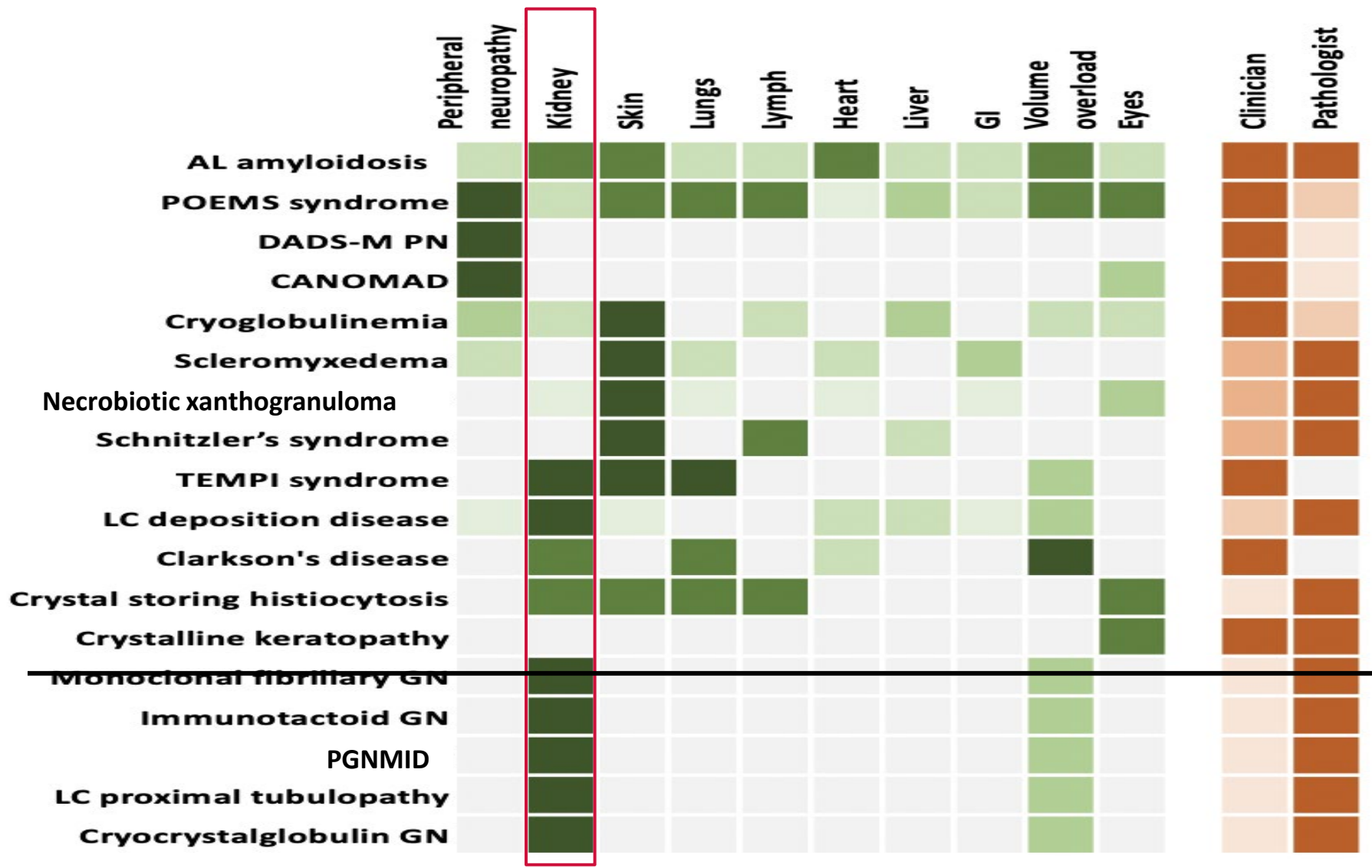
- Age 31: Proteinuria 1700 mg/24 hr and IgG lambda 0.5 g/dL: August 1987



International Kidney & Monoclonal  
Gammopathy Research Group

<http://www.ikmgresearchgroup.com>

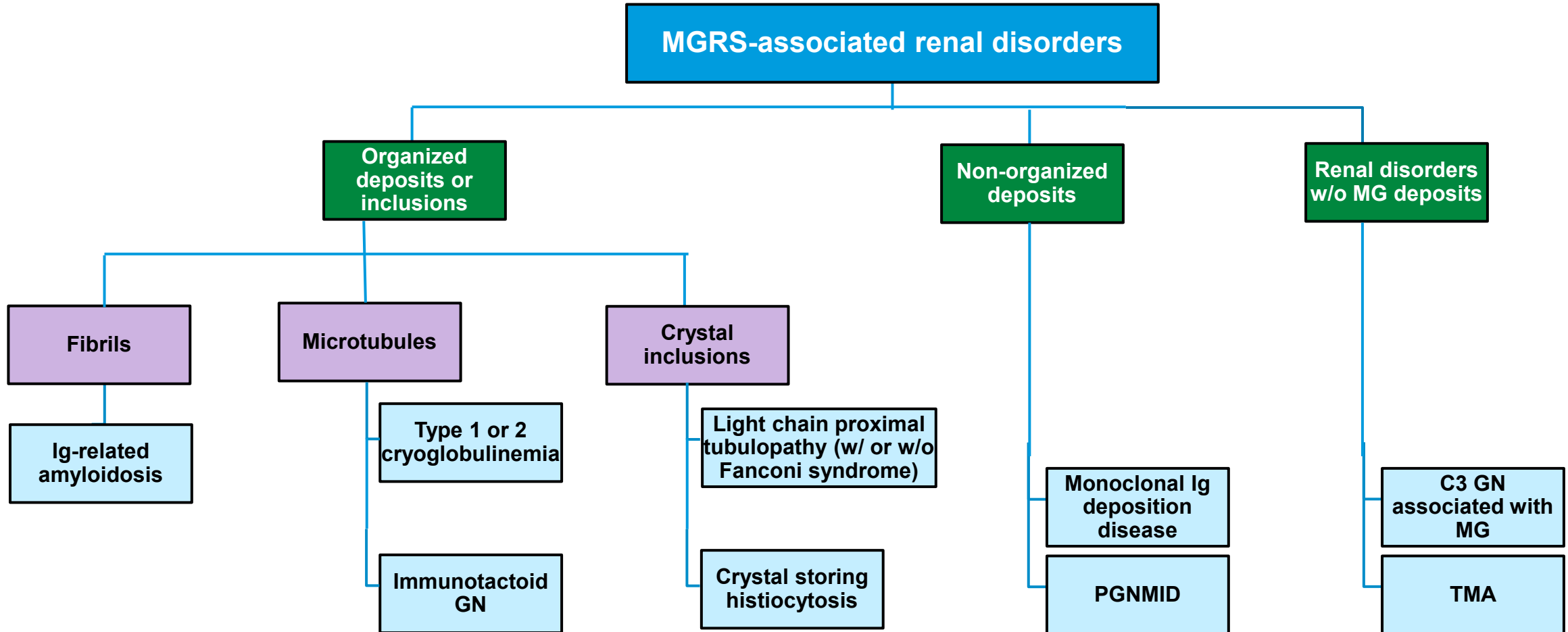
# MONOCLONAL GAMMOPATHY OF RENAL SIGNIFICANCE



PGNMID, proliferative glomerulonephritis with monoclonal immunoglobulin deposits

Dispenzieri ASH education book 2020

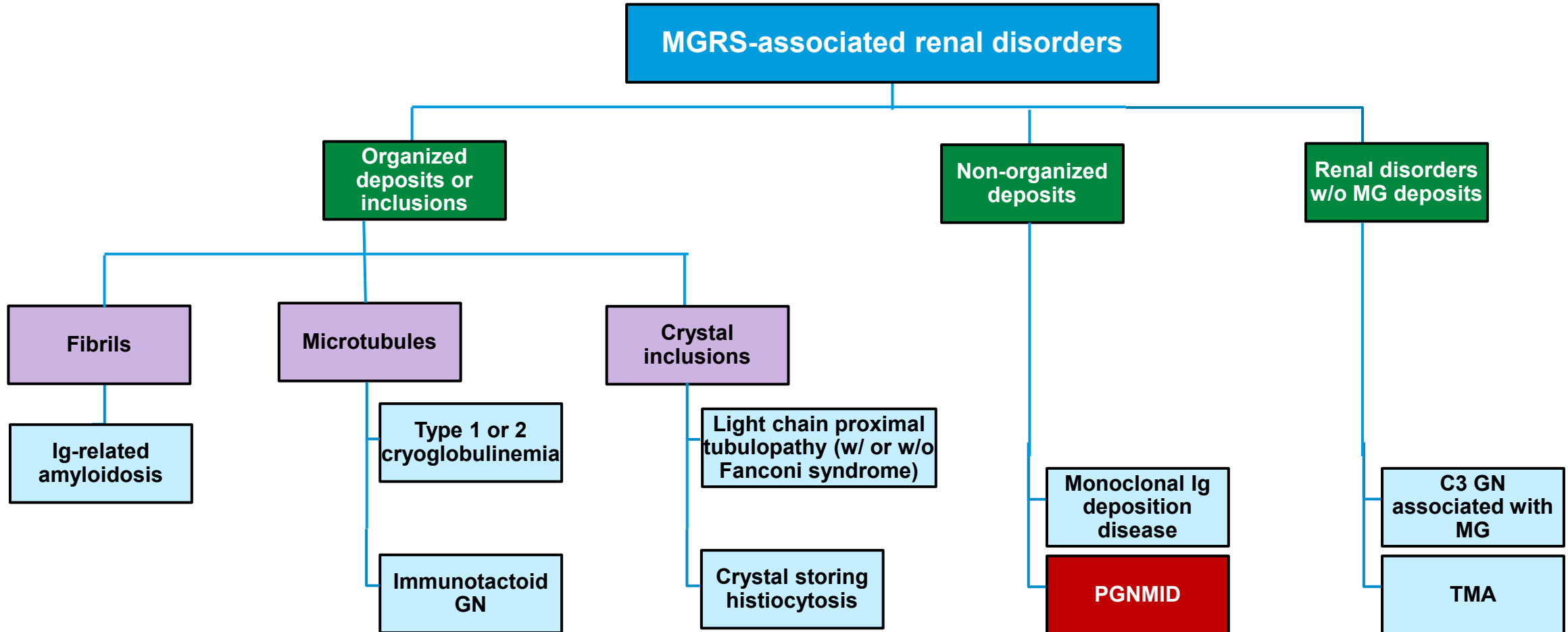
# MONOCLONAL GAMMOPATHY OF RENAL SIGNIFICANCE (MGRS)



PGNMID, proliferative glomerulonephritis with monoclonal immunoglobulin deposits; LCPT, light chain proximal tubulopathy; MIDD, monoclonal immunoglobulin deposition disease

Modified from Bridoux F., *Kidney Int.* 2015;87(4):698-711.  
Leung, N., *Nat Rev Nephrol* 15, 45–59 (2019).

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Leung, N., *Nat Rev Nephrol* 15, 45–59 (2019).

# VGL: FEMALE MGRS: PGNMID

Date	Cr	24-hour urine TP	Ser M-spike/ FLC / BMPC	Intervention / Comment
9/1988	1.5	1700	0.5 g/dL	Biopsy MPGN; Observation
1/2002	4.0	7726	0.6 /-/-	<b>CTX / Pred</b> x 6 months
10/2002	4.0	1900	0.6 /-/-	Renal transplant
11/2002	2.5	3272	0.6/-/15%	Renal biopsy: recurrent disease; Pheresis/ <b>Medrol</b> → <b>pred</b>
7/2003	2.8	14000		Pheresis; S. Aureus infection→ 4 month dialysis
1/2005	2.5	1795	1.2 ; 173 mg/dl /20%	<b>ASCT</b> with plan to do second renal Tx
4/2005	1.7	760	0; 56 mg/dL; 5%	No need for second kidney 😊



# THERAPY OF MGRS (*MOSTLY ANECDOTAL*)

	1 <sup>st</sup> line	2 <sup>nd</sup> line	Kidney Tx
<b>AL amyloidosis</b>	Dara-VCD	Clone directed Rx	Good outcomes
<b>MIDD</b>	Clone directed Rx <sup>2</sup>		Good outcomes
<b>Cryoglobulinemia</b>	Underlying dz; emergency PE, high-dose steroids	Rituximab	Good outcomes
<b>LCPT</b>	Clone directed Rx <sup>3</sup>		Mixed <sup>6</sup>
<b>Immunotactoid GN</b>	Clone directed Rx <sup>4</sup>		
<b>C3GN with mlg</b>	Clone directed Rx <sup>5</sup>		Mixed <sup>5,6</sup>
<b>PGNMID</b>	Clone directed or Rituximab <sup>1</sup>	Clone directed Rx <sup>1</sup>	Mixed <sup>7</sup>

<http://www.ikmgresearchgroup.com/>

**PGMID, proliferative glomerulonephropathy with monoclonal immunoglobulin deposits; MIDD, monoclonal Ig deposition disease; C3GN with Mlg, C3 glomerulonephritis with monoclonal gammopathy**

<sup>1</sup> Nasr (2020) *KI* 97:589-601. <sup>2</sup> Joly (2019) *Blood* 133:576-87. <sup>3</sup> Vignon (2017) *Leukemia* 31:123-9. <sup>4</sup> Javaugue (2019) *Kidney Int* 96(1):94-103 <sup>5</sup> Chauvet (2017) *Blood* 129:1437-47. <sup>6</sup> Heybeli C (2022). *Am J Kidney Dis Feb; 79: 202-216.* <sup>7</sup> Buxea (2019) *Transplantation* 103:1477-85.

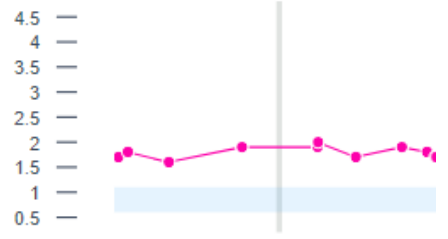
# VGL: FEMALE MGRS: PGNMID

- 2005 to 2012, numbers stable (24 years into diagnosis)
- Starting 2012, there was a subtle rise in her serum lambda FLC, but steep rise in mid-2013.
- Also in 2013, she started noting DOE

2012 2013

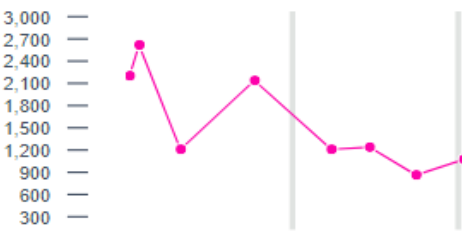
### GEN CHEMISTRY

Creatinine



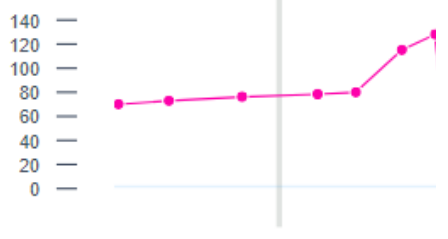
### TIMED URINE STUDIES

Total Protein, 2...



### IMMUNOGLOBULINS

Lambda Free Li...



### LIPIDS/CARDIAC RISK

Troponin T

0.05

55

Troponin T, 5th ...

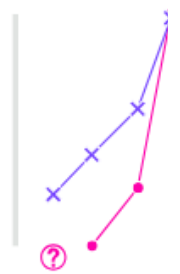
8,889

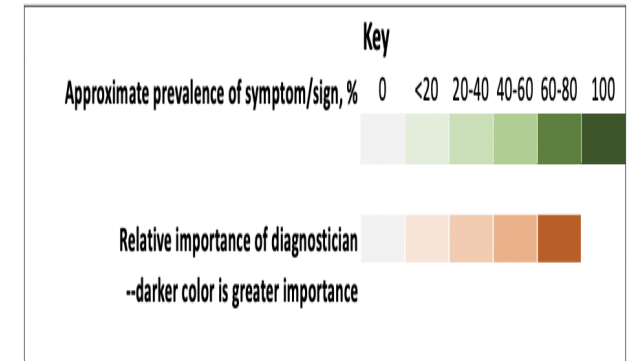
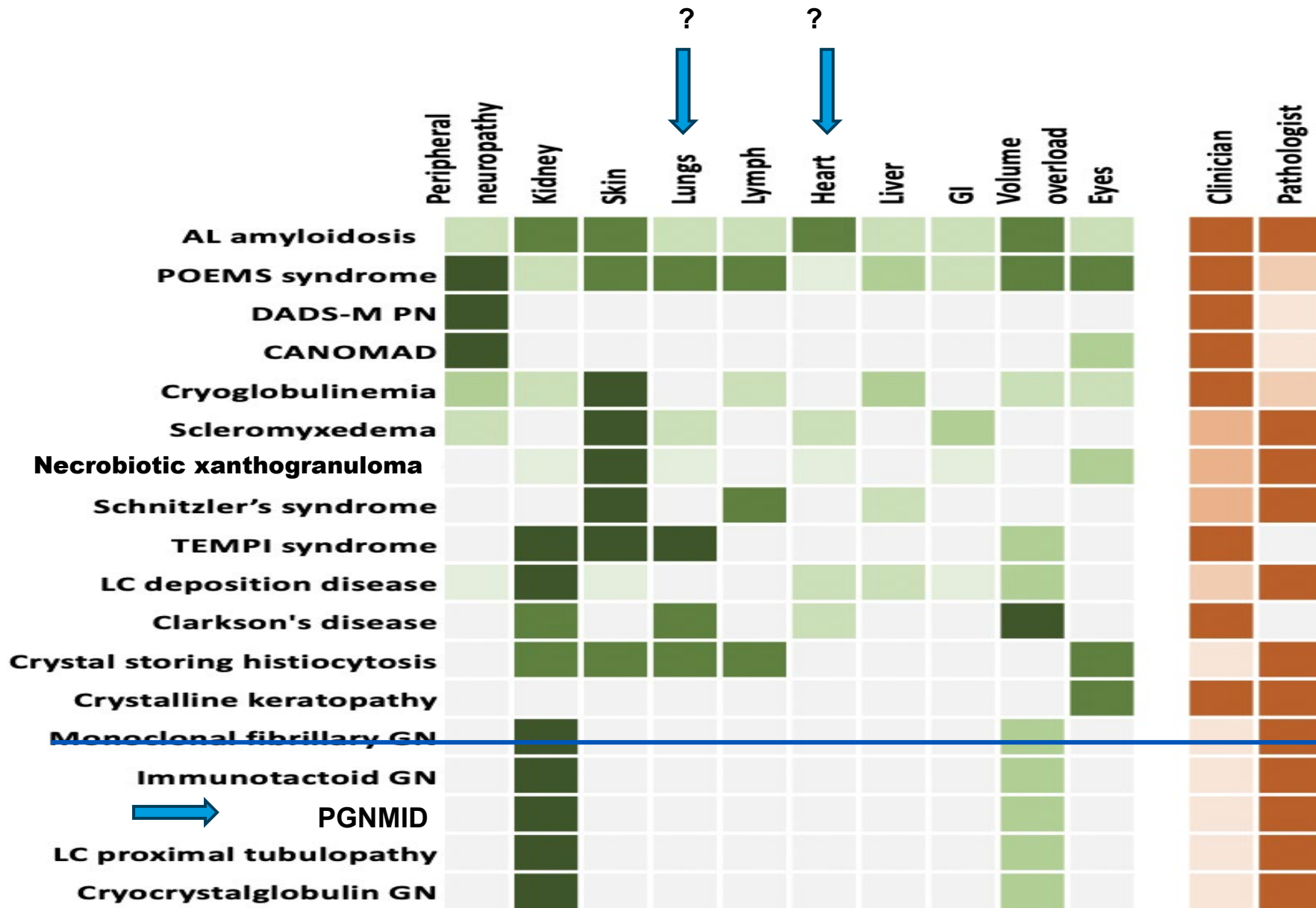
NT-Pro BNP

0.01

517

24





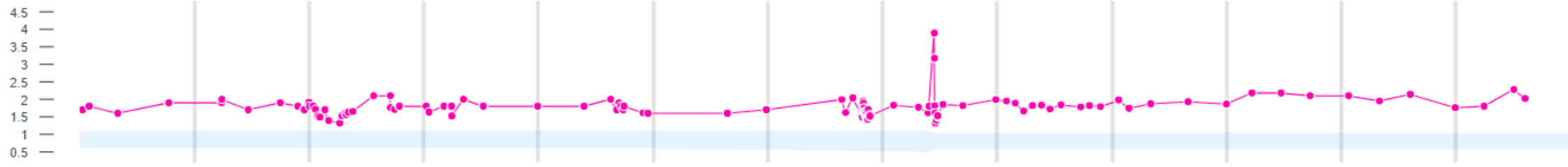
DADS, distal acquired demyelinating symmetric neuropathy with M protein; CANOMAD, chronic ataxic neuropathy, ophthalmoplegia, IgM, cold agglutinins, and disialosyl antibodies; PGNMID, proliferative glomerulonephritis with monoclonal immunoglobulin deposits

# VGL: FEMALE MGRS: MPGN

- The NT-proBNP in March 2013 had risen to 2376.
- Due to progression of her symptoms and her cardiac biomarkers, an endomyocardial biopsy was performed on 11/2013
- AL (lambda) amyloid was found

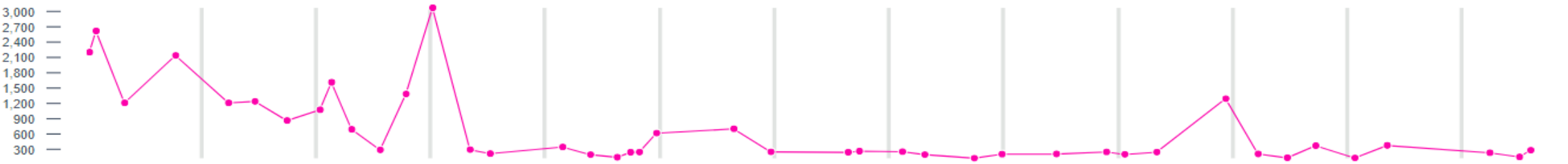
### GEN CHEMISTRY

Creatinine



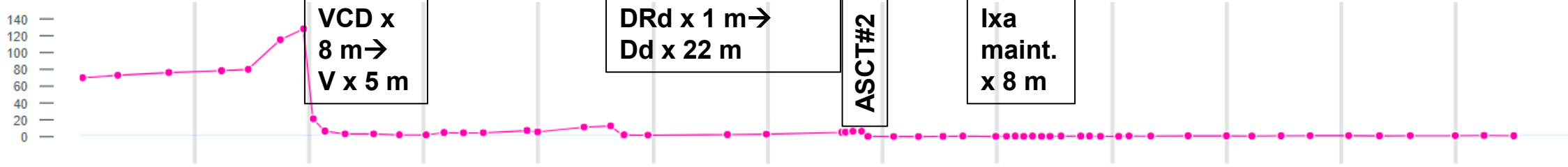
### TIMED URINE STUDIES

Total Protein, 2...



### IMMUNOGLOBULINS

Lambda Free Li...



### LIPIDS/CARDIAC RISK

Troponin T

0.05

Troponin T, 5th ...

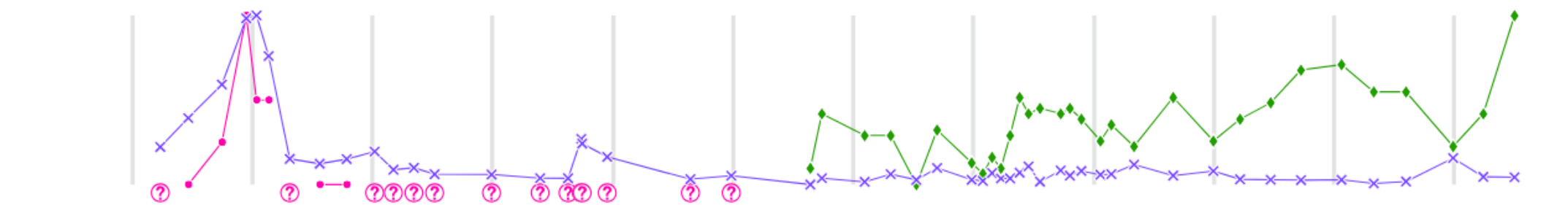
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NT-Pro BNP

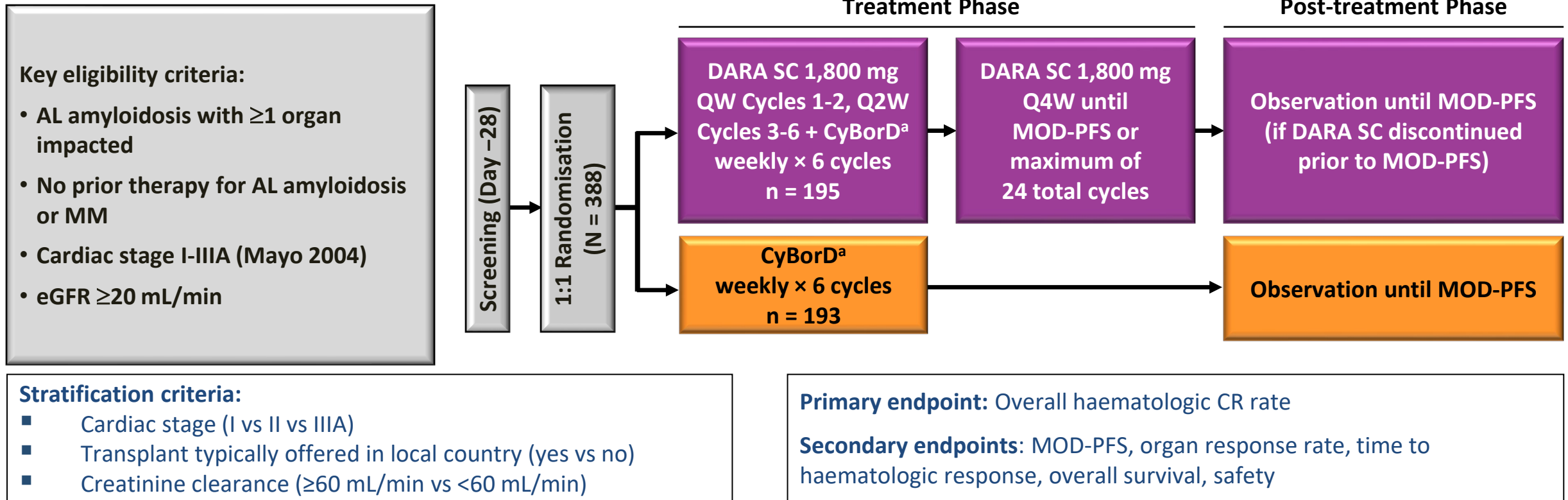
55

0.01

517



# ANDROMEDA is a randomized, open-label, active-controlled, phase 3 study of DARA SC plus CyBorD vs CyBorD alone in newly diagnosed AL amyloidosis



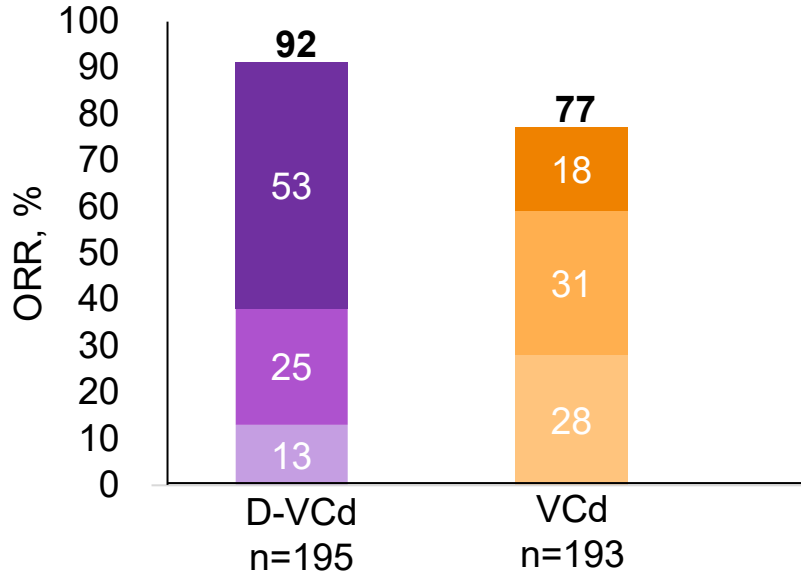
MM, multiple myeloma; eGFR, estimated glomerular filtration rate; QW, weekly; Q2W, every 2 weeks; Q4W, every 4 weeks; MOD-PFS, major organ deterioration progression-free survival; CR, complete response; IV, intravenous; PO, oral. <sup>a</sup>Dexamethasone 40 mg IV or PO, followed by cyclophosphamide 300 mg/m<sup>2</sup> IV or PO, followed by bortezomib 1.3 mg/m<sup>2</sup> SC on Days 1, 8, 15, and 22 in every 28-day cycle for a maximum of 6 cycles. Patients will receive dexamethasone 20 mg on the day of DARA SC dosing and 20 mg on the day after DARA SC dosing.

# ANDROMEDA: HEMATOLOGIC OVERALL RESPONSE

Median time to  $\geq$ VGPR<sup>a</sup> was 0.56 months for D-VCd and 0.82 months for VCd

## Hematologic

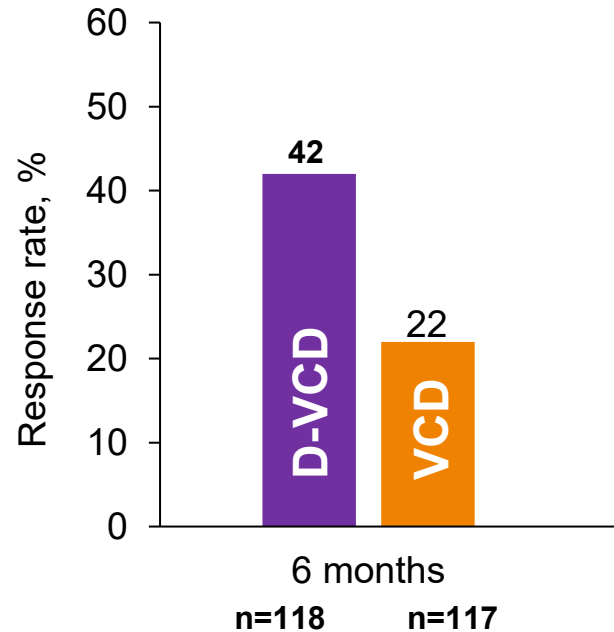
CR VGPR PR



Primary analysis  
(median follow-up 11.4 months)

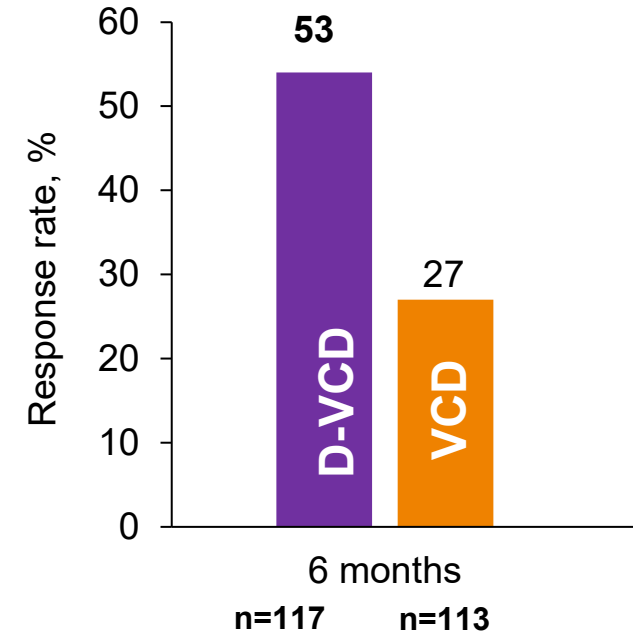
## Cardiac at 6 mo

Odds ratio 2.4 (95% CI 1.4–4.4)  
*P*=0.0029



## Renal at 6 mo

Odds ratio 3.3 (95% CI 1.9–5.7)  
*P*<0.0001

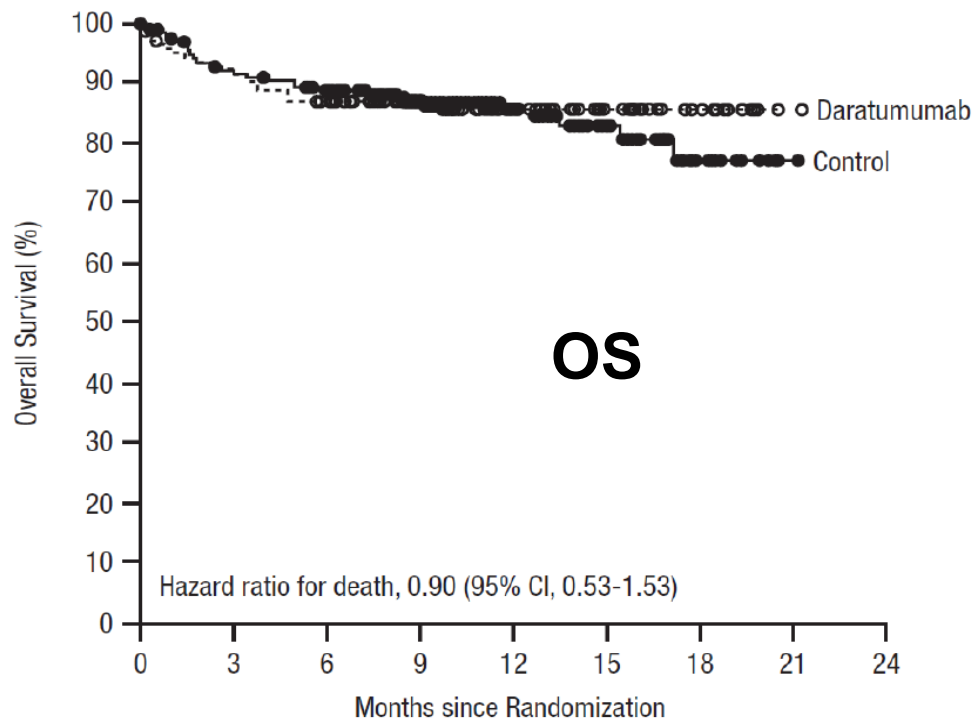


<sup>a</sup>Among  $\geq$ VGPR responders (D-VCd, n=154; VCd, n=97); <sup>b</sup>Numbers have been rounded.

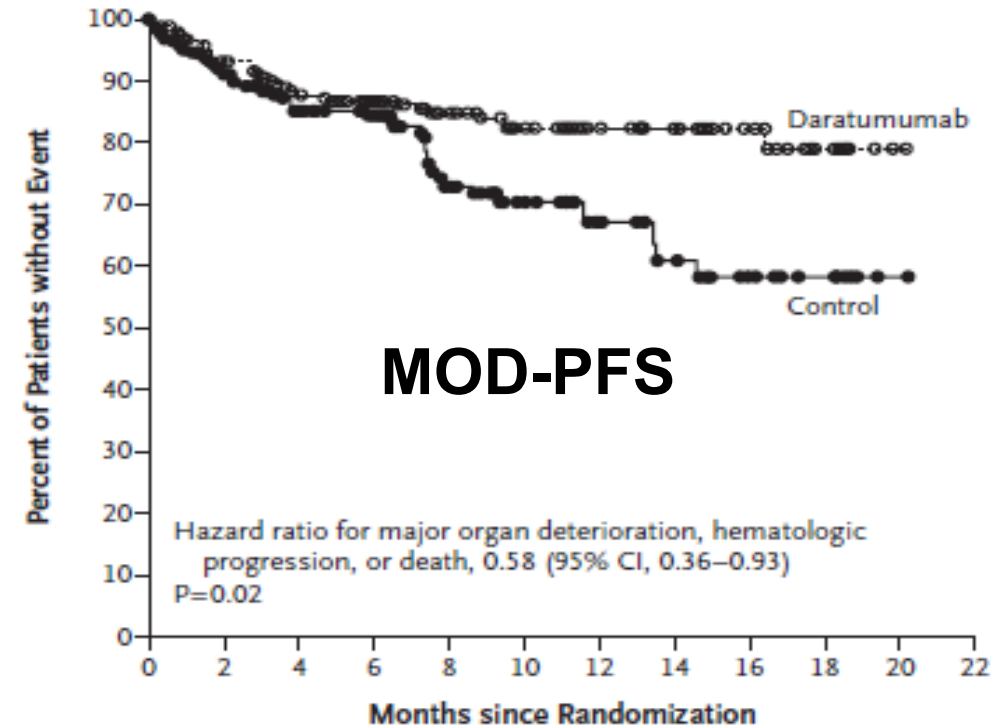
CI, confidence interval; CR, complete response; D-VCd, daratumumab/bortezomib/cyclophosphamide/dexamethasone; ORR, overall response rate; PR, partial response; VGPR, very good partial response.



# ANDROMEDA: OS & PFS @ median FU of 11.4 months



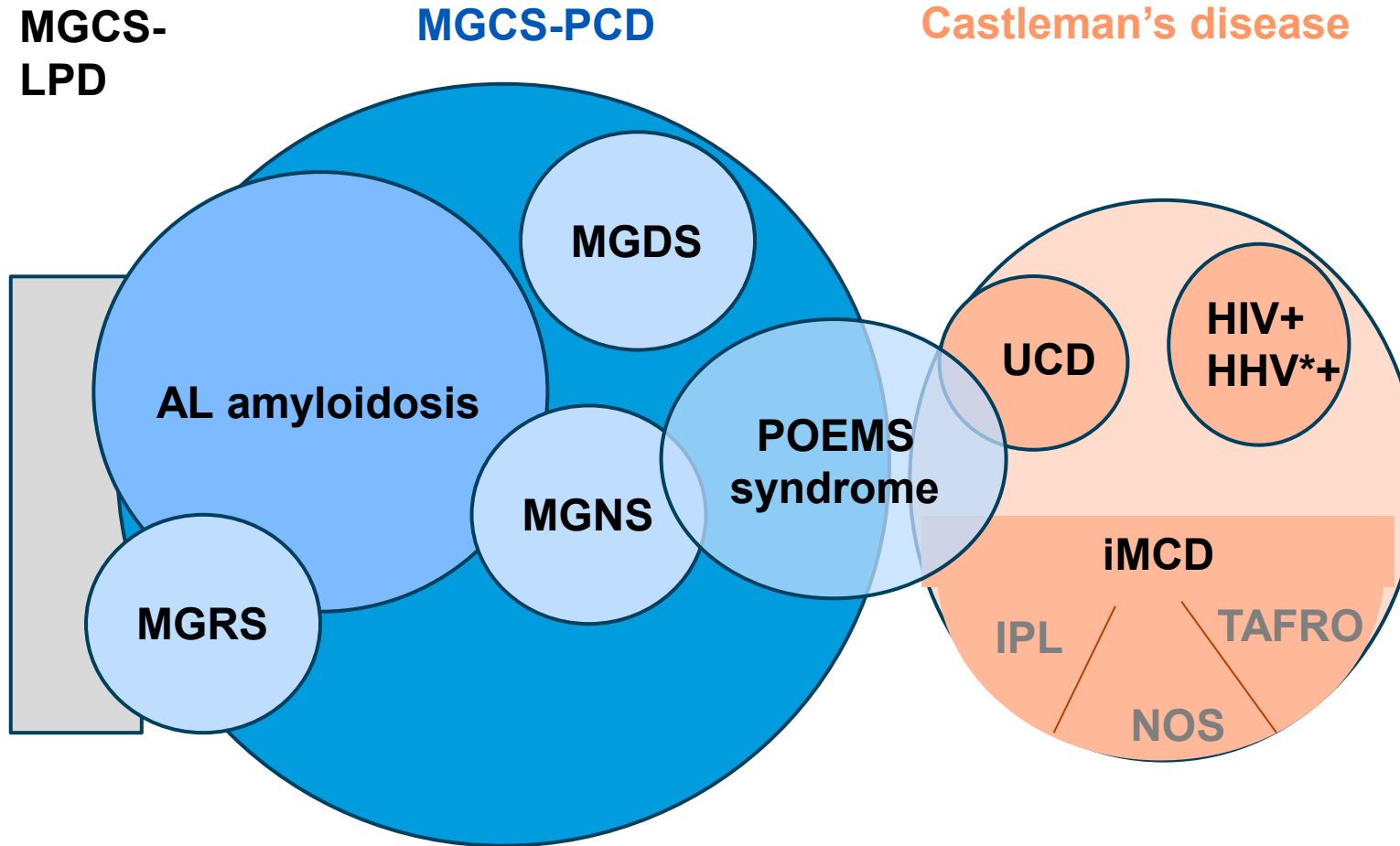
No. at risk	0	3	6	9	12	15	18	21	24
Daratumumab	195	176	164	131	81	42	17	1	0
Control	193	170	161	120	74	38	16	1	0



No. at Risk	0	2	4	6	8	10	12	14	16	18	20	22
Daratumumab	195	178	166	147	114	86	60	44	27	10	1	0
Control	193	163	134	111	65	44	29	20	10	7	1	0

***MOD PFS = hemPFS, dialysis or heart transplant***

# OUR WORK FOR TODAY



MGCS, monoclonal gammopathy of clinical significance; LPD, lymphoproliferative disorder; PCD, plasma cell disorder; MGRS, monoclonal gammopathy of renal significance; MGDS, monoclonal gammopathy of dermal significance; MGNS, monoclonal gammopathy of neural significance; UCD, unicentric Castleman's disease; iMCD, Idiopathic multicentric Castleman's disease; TAFRO, thrombocytopenia, anasarca, fever, fibrosis (marrow), renal dysfunction, organomegaly

# MONOCLONAL GAMMOPATHY OF CLINICAL SIGNIFICANCE

1. Some of the hardest monoclonal gammopathy consultations, especially if patient with other comorbidities
2. Good history and examination go a long way if you know your differential diagnosis
3. Treatment is anecdotal, but making a diagnosis is the first step (clone directed Rx and IVIG, most common)
4. Most of these patients have excellent survival, but diagnosis & treatment prevents and reverses morbidity

# MYELOMA, AMYLOID, DYSPROTEINEMIA GROUP AT MAYO

## Rochester

- Nadine Abdallah
- Moritz Binder
- Francis Buadi
- Joselle Cook
- David Dingli
- Angela Dispenzieri
- Amy Fonder
- Morie Gertz
- Ronald Go
- Martha Grogan
- Suzanne Hayman
- Miriam Hobbs
- Lisa Hwa
- Prashant Kapoor

- Tax Kourelis
- Shaji Kumar
- Robert Kyle
- Martha Lacy
- Yi Lin
- Nelson Leung
- Eli Muchtar
- Vincent Rajkumar
- Rahma Warsame

## Special thanks to:

- **National Cancer Institute**
- **JABBS Foundation**
- **Predolin Foundation**
- **Andrew and Lillian A. Posey Foundation**

## Arizona

- Leif Bergsagel
- Saurabh Chhabra
- Rafael Fonseca
- Craig Reeder
- Julie Rosenthal

## Jacksonville

- Sikander Ailawadhi
- Ricardo Parrondo
- Vivek Roy
- Tamur Sher



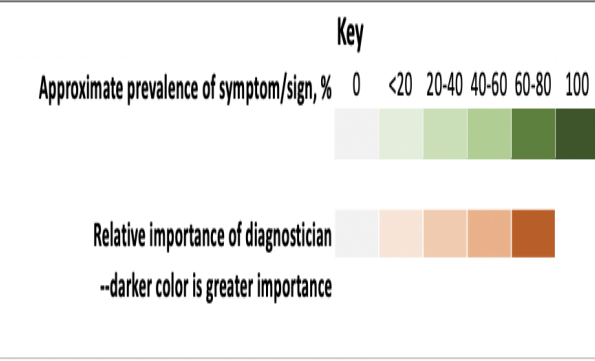
# THANK YOU FOR YOUR ATTENTION.

- [dispenzieri.angela@mayo.edu](mailto:dispenzieri.angela@mayo.edu)



# **MGCS — DERMATOLOGIC PRESENTATIONS**

	Peripheral neuropathy	Kidney	Skin	Lungs	Lymph	Heart	Liver	GI	Volume overload	Eyes	Clinician	Pathologist
AL amyloidosis	Light Green	Dark Green	Dark Green	Light Green	Light Green	Dark Green	Light Green	Light Green	Dark Green	Light Green	Dark Orange	Dark Orange
POEMS syndrome	Dark Green	Light Green	Dark Green	Dark Green	Dark Green	Light Green	Light Green	Light Green	Dark Green	Dark Green	Dark Orange	Light Orange
DADS-M PN	Dark Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Dark Orange	Light Orange
CANOMAD	Dark Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Dark Orange	Light Orange
Cryoglobulinemia	Light Green	Light Green	Dark Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Dark Orange	Light Orange
Scleromyxedema	Light Green	Light Green	Dark Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Orange	Dark Orange
Necrobiotic xanthogranuloma	Light Green	Light Green	Dark Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Orange	Dark Orange
Schnitzler's syndrome	Light Green	Light Green	Dark Green	Light Green	Dark Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Orange	Dark Orange
TEMPI syndrome	Light Green	Dark Green	Dark Green	Dark Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Dark Orange	Light Orange
LC deposition disease	Light Green	Dark Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Orange	Dark Orange
Clarkson's disease	Light Green	Dark Green	Light Green	Dark Green	Light Green	Light Green	Light Green	Light Green	Dark Green	Light Green	Dark Orange	Light Orange
Crystal storing histiocytosis	Light Green	Dark Green	Dark Green	Dark Green	Dark Green	Light Green	Light Green	Light Green	Light Green	Dark Green	Light Orange	Dark Orange
Crystalline keratopathy	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Dark Green	Dark Orange	Dark Orange
<del>Monoclonal fibrillary GN</del>	Light Green	Dark Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Orange	Dark Orange
Immunotactoid GN	Light Green	Dark Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Orange	Dark Orange
PGNMID IID	Light Green	Dark Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Orange	Dark Orange
LC proximal tubulopathy	Light Green	Dark Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Orange	Dark Orange
Cryocrystalglobulin GN	Light Green	Dark Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Green	Light Orange	Dark Orange



- 9. Cold agglutinin disease
- 10. Acquired cutis laxa
- 11. Neutrophilic dermatosis

DADS, distal acquired demyelinating symmetric neuropathy with M protein; CANOMAD, chronic ataxic neuropathy, ophthalmoplegia, IgM, cold agglutinins, and disialosyl antibodies; PGNMID, proliferative glomerulonephritis with monoclonal immunoglobulin deposits

## Cryoglobulinemia



## Scleromyxedema <sup>2</sup>



## Necrobiotic Xanthogranuloma <sup>3</sup>



## Schnitzler's syndrome <sup>1</sup>



<sup>1</sup> Simon A. *Allergy*. 2013;68(5):562-568. 2020;156(3):270-279.

<sup>2</sup> Rongioletti F. *J Am Acad Dermatol*. 2016;74(6):1194-1200. <sup>3</sup> Nelson CA. *JAMA Dermatol*.



# TEMPI SYNDROME

**T**elangiectasias

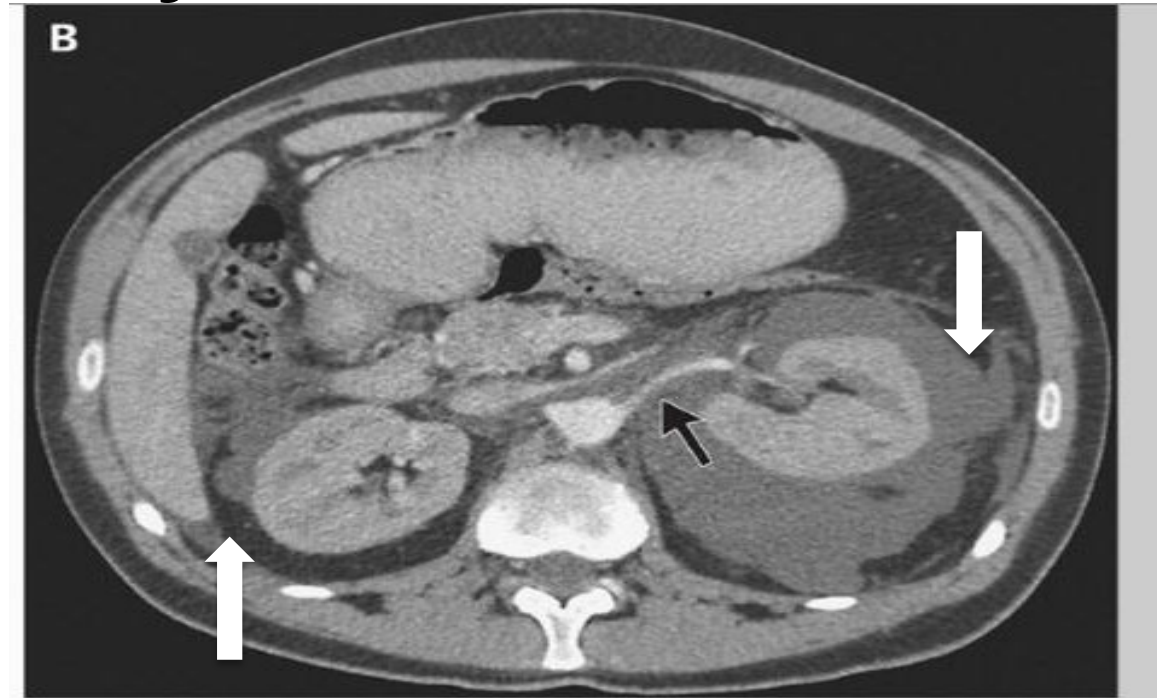
**E**levated erythropoietin & erythrocytosis

**M**onoclonal gammopathy

**P**erinephric-fluid collections

**I**ntrapulmonary shunting

N Engl J Med 2010; 363:463-475



# THERAPY OF MGCS (SKIN)

## *MOSTLY ANECDOTAL*

	1 <sup>st</sup> line	2 <sup>nd</sup> line	Other
<b>Scleromyxedema</b>	Intravenous gammaglobulin	Clone directed therapy	
<b>Necrobiotic xanthogranuloma</b>	Intravenous gammaglobulin	2 <sup>nd</sup> line (bortezomib or lenalidomide)	
<b>Capillary leak</b>	Intravenous gammaglobulin		Supportive care
<b>Schnitzler's syndrome</b>	Anti-IL1 mAb	Clone directed therapy	
<b>Cryoglobulinemia</b>	Treat underlying cause	Rituximab	Severe disease, Medrol, chemo, PE
<b>TEMPI syndrome</b>	Clone directed therapy		

